

## **Breakfast Menu**

Ham  
Grits  
White and whole wheat toast  
Cereal  
Fruit  
Orange and Apple Juice  
Whole and LowFat Milk  
Cafinated and Decaf Coffee

Bacon  
Grits  
Eggs  
Cereal  
Fruit  
Orange and Apple Juice  
Whole and LowFat Milk  
Cafinated and Decaf Coffee

Bacon  
Eggs  
Hash Browns  
Muffins  
Cereal  
Fruit  
Orange and Apple Juice  
Whole and LowFat Milk  
Cafinated and Decaf Coffee

Sausage  
Eggs  
Hash Browns  
Biscuits  
Cereal  
Fruit  
Orange and Apple Juice  
Whole and LowFat Milk  
Cafinated and Decaf Coffee

Sausage  
Eggs  
Grits  
Biscuits  
Cereal  
Fruit  
Orange and Apple Juice  
Whole and LowFat Milk  
Cafinated and Decaf Coffee

Cereal  
Fruit  
Bagels, Muffins, and Danish  
Orange and Apple Juice  
Whole and LowFat Milk  
Cafinated and Decaf Coffee

This is a sample menu and subject to change with in Division specifications

## **Lunch Menu**

Cold Cut Sandwiches

Soup

4 Item Salad Bar and 3 Dressings

Dessert

Coffee, Iced Tea, and Lemonade

Hot Chicken Salad Casserole

Vegetable

4 Item Salad Bar and 3 Dressings

Dessert

Coffee, Iced Tea, and Lemonade

Chili

4 Item Salad Bar and 3 Dressings

Dessert

Coffee, Iced Tea, and Lemonade

Hamburgers

Hot Dogs French Fries

4 Item Salad Bar and 3 Dressings

Dessert

Coffee, Iced Tea, and Lemonade

Chicken and Rice

Vegetable

Rolls

4 Item Salad Bar and 3 Dressings

Dessert

Coffee, Iced Tea, and Lemonade

Pizza

Soup

4 Item Salad Bar and 3 Dressings

Dessert

Coffee, Iced Tea, and Lemonade

Tacos

4 Item Salad Bar and 3 Dressings

Dessert

Coffee, Iced Tea, and Lemonade

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## Dinner Menu

Baked Ham  
Scalloped Potatoes  
2 Vegetables  
4 Item Salad Bar and 3 Dressings  
Bread  
Coffee, Iced Tea, and Lemonade  
Dessert

Fried Catfish  
Hushpuppies  
Cheese Grits  
4 Item Salad Bar and 3 Dressings  
Coffee, Iced Tea, and Lemonade  
Dessert

Spaghetti with meat and meatless sauce  
2 Vegetables  
4 Item Salad Bar and 3 Dressings  
Bread  
Coffee, Iced Tea, and Lemonade  
Dessert

Hand Carved Prime Roast Beef  
Baked Potatoes  
2 Vegetables  
4 Item Salad Bar and 3 Dressings  
Bread  
Coffee, Iced Tea, and Lemonade  
Dessert

Baked Chicken  
Macaroni & Cheese  
2 Vegetables  
4 Item Salad Bar and 3 Dressings  
Bread  
Coffee, Iced Tea, and Lemonade  
Dessert

Cheese Tortolini with Pesto Sauce  
2 Vegetables  
4 Item Salad Bar and 3 Dressings  
Bread  
Coffee, Iced Tea, and Lemonade  
Dessert

Pork Chops  
Rice  
2 Vegetables  
4 Item Salad Bar and 3 Dressings  
Bread  
Coffee, Iced Tea, and Lemonade  
Dessert

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